

Cumberland Nursing & Rehab

January 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEAR'S DAY Movie Music 	2 10:00 New Years Resolutions Board 1:00 New Beginnings Church 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	3 10:00 Picture Frame Activity 1:00 Q-Tip Painting 2:00 Snack Time 3:00 Hot Cocoa and Cookies Daily Mail Delivery by Activities	4 National Trivia Day 10:00 Trivia 1:00 Giant Connect 4 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	5 National Bird Day 10:00 Bird Activity 1:00 Bird Visit 2:00 Snack Time 3:00 Arts and Crafts Daily Mail Delivery by Activities	6 10:00 Jewelry Making 1:00 Movie and Popcorn 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	7 Movie Music
8 Movie Music	9 10:00 Nerf Guns 1:00 New Beginnings Church 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	10 10:00 Pipe Cleaner Dragonfly 1:00 Resident Council 2:00 Snack Time 3:00 Photo Activity Daily Mail Delivery by Activities	11 National Milk Day 10:00 Button Flowers 1:00 Milkshakes 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	12 10:00 Pipe Cleaner Flowers 1:00 Cooking Class 2:00 Snack Time 3:00 Balloon Elephants Daily Mail Delivery by Activities	13 10:00 Popsicle Stick Craft 1:00 Lava Lamp Jars 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	14 Movie Music
15 Movie Music	16 MARTIN LUTHER KING JR. DAY 10:00 Yarn Activity 1:00 New Beginnings Church 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	17 10:00 Pop Bottle Flowers 1:00 Giant Connect 4 2:00 Snack Time 3:00 Yarn Picture Frames Daily Mail Delivery by Activities	18 10:00 Stress Balls 1:00 Q-Tip Painting 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	19 National Popcorn Day 10:00 Wheelchair Fashion 1:00 Birthday Party 2:00 Snack Time 3:00 Movie and Popcorn Daily Mail Delivery by Activities	20 National Cheese Day 10:00 Board Games 1:00 Cheese and Cracker Tray 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	21 Movie Music
22 Movie Music	23 National Pie Day 10:00 Pie and Tea 1:00 New Beginnings Church 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	24 National Compliment Day 10:00 Nice Board 1:00 Photo Booth 2:00 Snack Time 3:00 Board Games Daily Mail Delivery by Activities	25 10:00 Arts and Crafts 1:00 Cooking Class 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	26 10:00 Coffee Filter Butterflies 1:00 Auction 2:00 Snack Time 3:00 Auction Daily Mail Delivery by Activities	27 10:00 Nerf Guns 1:00 Chocolate Cake and Ice Cream 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	28 Movie Music
29 Movie Music	30 10:00 Board Games 1:00 New Beginnings Church 2:00 Snack Time 3:00 Bingo Daily Mail Delivery by Activities	31 10:00 I-Spy 1:00 Yarn Activity 2:00 Snack Time 3:00 Painting Daily Mail Delivery by Activities				